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## CAN MASSLESS NEUTRINOS DOMINATE THE UNIVERSE?\*

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### ABSTRACT

The restrictions from cosmological considerations on masses and lifetimes of neutral, weakly-interacting fermions are reviewed. In particular, the possibility of the massless decay products of a heavy neutrino dominating the energy density of the present universe is discussed in detail.

### INTRODUCTION

It has been over 15 years since Penzias and Wilson discovered the 3 K microwave background radiation.<sup>1</sup> The interpretation of this background as a remnant of the hot big bang is the cornerstone of modern theories of the beginning, the present, and the future evolution of the large scale structure of the universe. Despite the appearance of the clear night sky as viewed from the woods of northern Wisconsin, most of the photons in the universe do not originate in stars, but are present in the invisible 3 K background. Fifteen years of observation have confirmed the thermal nature of the background spectrum. A universe at a temperature of 3 K has about 400 photons per cubic centimeter, or about  $10^{88}$  photons in the visible universe. This is a large number compared to the total number of neutrons and protons. There are only about  $10^{80}$  nucleons in the universe: nucleons are only a small contaminant in a vast sea of photons. (Luckily, the nucleons are not uniformly distributed, as are the photons.) By observing the background photons, we directly probe the universe when the photons were last scattered. In the case of the background photons, the last scattering was when the universe was at a temperature of 10 K, or about  $10^6$  years after the big bang.

In addition to the background photons, there should also be a sea of neutrinos left over from the big bang, with about as many

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of them as photons, about  $10^{88}$ . Confirmation of this background would be in some sense even more fundamental than the discovery of Penzias and Wilson, since the background neutrinos last scattered when the temperature of the universe was  $10^{10}$  K, or about one second after the big bang. Thus, the background neutrinos are an even older relic of the origin of the universe than the background photons.

Although direct detection of the background neutrinos seems remote, they may nevertheless play a crucial role in cosmology, and even dominate the mass of the universe. Since the average energy of a nucleon (rest-mass energy  $\cong 10^9$  eV) is about  $10^{12}$  times larger than the average energy of a background photon ( $3 \text{ K} \cong 10^{-4}$  eV), in determination of the mass-energy of the universe, the nucleons dominate the more numerous (by a factor of  $10^8$ ) photons. However, if there exist background neutrinos with energy greater than about 10 eV, the larger mass of the nucleon would be compensated by the sheer number of neutrinos, and the neutrinos would provide the bulk of the energy density of the universe.

The future evolution of the universe is a fundamental question in cosmology. Unfortunately, it is also an unanswered question. Cosmological observations cannot yet determine if there is sufficient gravitational energy in the universe to overwhelm the expansion energy and cause an eventual recontraction, or if the kinetic energy of expansion is greater than the potential energy, and an infinite expansion will result.

There are three reasons to believe that the universe may be closed. First, from the viewpoint of the theory of relativity, the boundary condition for a closed surface is much more attractive (i.e. simpler) than the boundary condition for an open (expansion forever) universe. Second, Mach's principle, which guided Einstein in the formulation of General Relativity, applies only to a closed (eventual recontraction) universe.<sup>2</sup> The third reason is the "flatness" problem which has been reviewed by Dicke and Peebles,<sup>3</sup> and most recently studied by Guth.<sup>4</sup>

The flatness problem may be formulated as follows. Let  $\rho_0$  be the present energy density of the universe. If  $\rho_0$  is greater than a critical density,  $\rho_c \equiv \frac{3}{8\pi} \frac{G}{H_0^2}$  where  $G$  is Newton's constant

and  $H$  is the present value of Hubble parameter, the universe will be closed, and if  $\rho < \rho_c$  the universe will be open. Observations suggest that  $10^{-2} < \rho/\rho_c < 10^{-5}$ . This seems a large range, but consider an earlier epoch. For conditions at the Planck temperature ( $10^{19}$  GeV), the only timescale is the Planck time. For the universe to survive to its present age ( $t \cong 10^{18}$  sec  $\cong 10^{50}$  Planck times) with

$\rho_0/\rho_C \sim 1$  requires a tuning of the Hubble parameter at the Planck time of about one part in  $10^{60}$ . Stated succinctly, for the universe to have survived  $10^{60}$  Planck times with  $\rho_0 \cong \rho_C$  implies that at the Planck time,  $\rho = \rho_C$  to one part in  $10^{60}$ . (For a more precise statement of the problem, see ref. 4.) A solution to the problem that is somewhat less than completely arbitrary is to assume that  $\rho = \rho_C$ , i.e.  $k = 0$  in the Robertson-Walker metric.

Although the three reasons given above are not conclusive evidence that  $\rho_0 \geq \rho_C$ , they nevertheless provide motivation to investigate the problem of whether the universe can be closed. Visible forms of matter seem to be incapable of closing the universe. The best observational evidence is that  $\rho_{\text{BARYONS}} + \rho_{\text{PHOTONS}} \leq 10^{-1} \rho_C$ .<sup>6</sup> Since there is no observational information about the primordial neutrinos, they are a likely candidate for the missing mass. It has long been known that primordial stable neutrinos with a mass of about 50eV can provide the missing mass to make  $\rho \cong \rho_C$ .<sup>7</sup> The purpose of this presentation is to demonstrate that this solution need not be unique, that massless neutrinos may today provide  $\rho_0 = \rho_C$ .

Below, I describe the decoupling of neutrinos in the early universe and limits on the mass and lifetimes of neutrinos as a result of observations of the present energy density. I also review other cosmological limits on neutrino lifetimes and discuss models for neutrino decay. Finally, I explore some observational consequences if the decay products of a heavy neutrino are responsible for closing the universe.

#### PRIMORDIAL NEUTRINOS AND THE PRESENT ENERGY DENSITY

Observation of the Hubble expansion of the universe suggests that the universe was once in a hotter and denser phase. The thermal nature of the microwave background is evidence that the temperature of the universe was once high enough to ionize hydrogen,  $T_U \geq 10\text{eV}$ . Isolation of a primordial component in the universal helium and deuterium abundances implies that the temperature of the universe was once high enough for nucleosynthesis,  $T_U \geq 1\text{MeV}$ . Observation of a global baryon asymmetry may be interpreted to require that the temperature of the universe was once large compared to the masses of particles mediating baryon number violating reactions,  $T_U \gtrsim 10^{12}\text{GeV}$ . It is necessary for us to assume only that the temperature of the universe was once greater than a few MeV.

Let  $\nu_H$  be a "massive" neutrino, and  $\nu_L$  be a "massless" neutrino. At sufficiently high temperatures, if the  $\nu_H$  couple with the usual strength to the normal weak interaction bosons, they were

kept in thermal equilibrium through reactions such as  $\nu_H \bar{\nu}_H \leftrightarrow \nu_L \bar{\nu}_L$ . As the universe expanded and cooled, neutrino reactions became less frequent because expansion diluted the number density of neutrinos, and because the weak interaction cross section decreased as the energy of the neutrinos decreased. Finally the  $\nu_H$  effectively decoupled, or froze-out, when the timescale for  $\nu_H$  interactions ( $G_F$  is the Fermi constant, and  $n_\nu$  the neutrino number density),

$$\tau_I \equiv \langle n_\nu \sigma_\nu \rangle^{-1} \approx (G_F^2 T^5)^{-1}, \quad (1)$$

became larger than the age of the universe ( $G$  is Newton's constant),

$$\tau_U = G^{-1/2} T^{-2}. \quad (2)$$

The decoupling temperature,  $T_D$ , for weakly interacting fermions is found by equating (1) and (2):

$$T_D \approx 1 \text{ MeV}. \quad (3)$$

For  $T < T_D$ , the neutrinos form a noninteracting gas and the total number of neutrinos is conserved. The number density of neutrinos is diluted only by the Hubble expansion. Since in an adiabatic expansion the total number of photons remains constant, a convenient parameter is the ratio of the number density of neutrinos and the number density of photons. Since for  $T \leq T_D$  the number of neutrinos remains constant,  $n_\nu/n_\gamma$  is roughly constant after decoupling, and

$$\frac{n_\nu}{n_\gamma} \approx \left. \frac{n_\nu}{n_\gamma} \right|_{T_D = 1 \text{ MeV}} \approx \begin{cases} 1 & (m < 1 \text{ MeV}) \\ \left( \frac{n}{1 \text{ MeV}} \right)^{3/2} e^{-m/1 \text{ MeV}} & (m > 1 \text{ MeV}), \end{cases} \quad (4)$$

where the last equality follows from assuming the neutrinos were equilibrium distributed in phase space when they decoupled. A more exact result for  $n_\nu$  is given by the solution to the transport equation:

$$\frac{dn_\nu}{dt} = - \langle \sigma |v| \rangle (n_\nu^2 - n_\nu^{eq^2}) - 3 \frac{\dot{R}}{R} n_\nu, \quad (5)$$

where  $n_\nu^{eq}$  is the equilibrium number density, and  $\dot{R}/R$  is the expansion rate of the universe.

If the  $\nu_H$  survive, the present energy density of the neutrinos would be

$$\rho_0 = mn_\nu$$

$$\approx \begin{cases} mn_\gamma & (m < 1 \text{ MeV}) \\ mn_\gamma \left( \frac{m}{1 \text{ MeV}} \right)^{3/2} e^{-m/1 \text{ MeV}} & (m > 1 \text{ MeV}). \end{cases}$$

Although the energy density is not directly measurable (where does one put the scale to weigh the universe?) the present energy density may be expressed in terms of two measurable quantities, the Hubble parameter  $H_0$ , and the deceleration parameter  $q_0$ :

$$\rho_0 = 2q_0 \left( \frac{3H_0^2}{8\pi G} \right). \quad (7)$$

The limit on  $\rho_0$  from the observational limits  $q_0 \leq 2$ ,  $H_0 \leq 100 \text{ km s}^{-1} \text{ Mpc}^{-1}$ , implies that the neutrino mass must be less than about 50eV,<sup>7</sup> or greater than about 5 GeV.<sup>8,9</sup> More stringent limits on  $m$  may be found if additional assumptions are made about the contribution of neutrinos to the inferred galactic masses. However, the bound on  $\rho_0$  from  $H_0$  and  $q_0$  is the only reliable bound that is a result of direct observation.

The conclusion that no neutrino can have a mass in the range between 50eV and 5GeV may be easily circumvented if the neutrino decays to massless particles.<sup>9,10</sup> The crucial point is that in the expansion of the universe, the massive particles behave as a gas with an adiabatic index of 5/3, and massless particles behave as a gas with an adiabatic index of 4/3. Therefore, the energy density of massive ( $m > T$ ) particles,  $\rho_H$ , decreases in expansion as  $T^3$ , while the energy density of massless ( $m < T$ ) particles,  $\rho_R$ , decreases in expansion as  $T^4$ . Therefore, the contribution to the present energy density of the massless decay products is smaller than the contribution  $\nu_H$  would make if it had not decayed by a

factor of  $O(T_o/T_{\text{Decay}})$ , where  $T_o$  is the present temperature, and  $T_{\text{Decay}}$  is the temperature of the universe at the time of  $\nu_H$  decay. The  $\nu_H$  lifetime as a function of mass that would result in the  $\nu_H$  decay products contributing an energy density equal to the critical density is shown in Fig. 1.<sup>9</sup> The curve in Fig. 1 was found by calculating the number density and temperature at decoupling,  $n_D$  and  $T_D$ , as a function of the  $\nu_H$  mass, and calculating the present energy density if  $\nu$  decayed to massless particles with a lifetime  $\tau$ :

$$\rho_o = mn(T_D) \left( \frac{T_o}{T_D} \right)^3 \int_{t_D}^{t_U} \left( \frac{t}{t_U} \right)^{1/2} \tau^{-1} \exp \left( - \frac{t - t_D}{\tau} \right) dt$$

Since observationally,  $\rho_o \leq 2\rho_C$ , the curve in Fig. 1 represents the minimum lifetime for any neutrino in the mass range  $50\text{eV} \leq m_\nu \leq 5\text{GeV}$ .

#### COSMOLOGICAL LIMITS ON $\nu_H$ LIFETIMES

The curve in Fig. 1 represents the minimum lifetime if the neutrinos decay to massless particles. There are additional cosmological limits on neutrino lifetimes:

(1) Lifetime Bound From the Solar Neutrino Experiment:<sup>11</sup> For large neutrino masses (2-5 GeV) the requirement that the present<sup>12</sup> neutrino background produced from  $\nu_H$  decay not be detected in the Davis solar neutrino experiment places an upper bound on the  $\nu_H$  lifetime. There is nothing to guarantee that the neutrinos detected by Davis are of solar origin. The bound is given as curve 1 in Fig. 3.

(2) Upper Lifetime Bound from Deuterium Abundance:<sup>13</sup> The major product manufactured by big-bang nucleosynthesis (at  $t \approx 3$  minutes when  $\gamma + d \rightarrow p + n$  becomes negligible) is  ${}^4\text{He}$ . The standard calculation of its abundance is in excellent agreement with observation ( $\sim 26\%$  by weight). Deuterium is also believed to be of primordial origin, with a primordial abundance between  $2 \times 10^{-5}$  and  $10^{-4}$  by weight. The one input parameter in nucleosynthesis calculations is  $h_o$ , the entropy per baryon at nucleosynthesis. If no entropy is generated in the universe between nucleosynthesis and the present time,  $h_o$  is related to the present baryon density by

$$\rho_B = 7.15 \times 10^{-27} h_o^{-3} \quad (8)$$

In (8)  $\rho_B$  is the present baryon density ( $\rho_B = \Omega_B 5.7 \times 10^{-30} \text{ gm}$

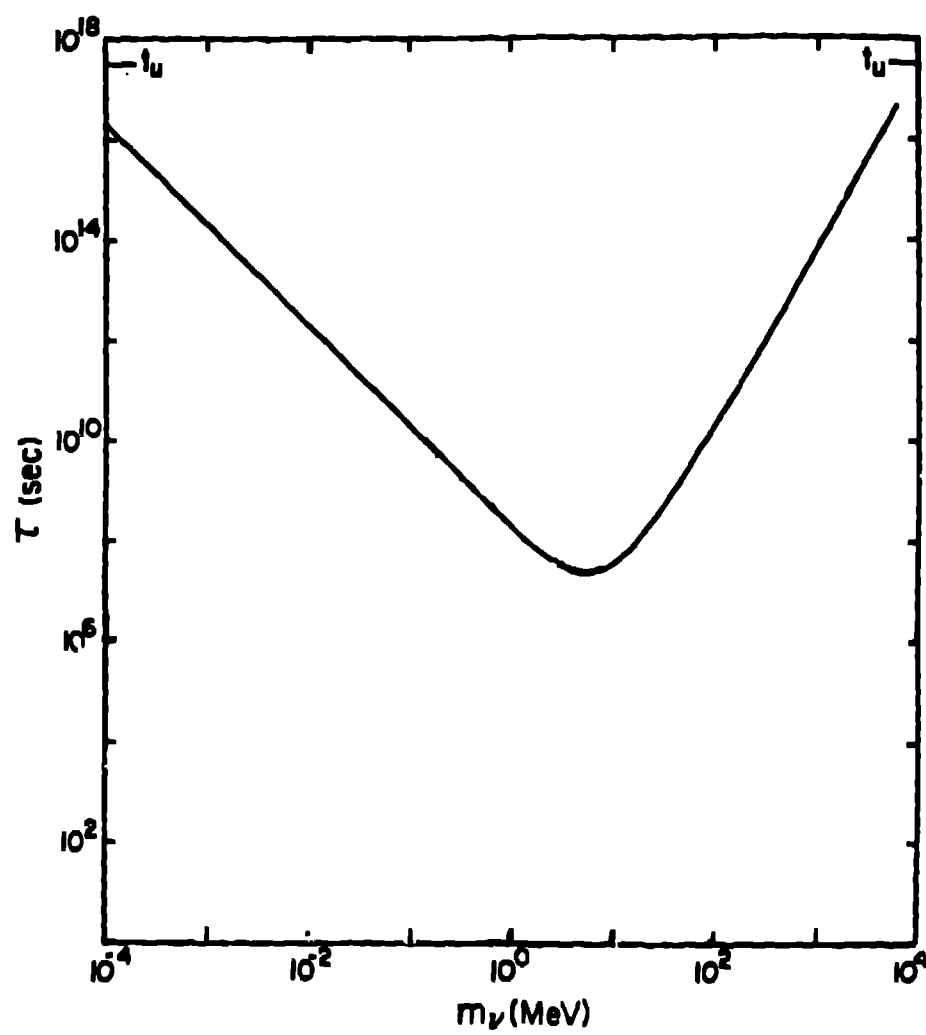


Fig. 1. The neutrino lifetime that results in the massless decay products closing the universe.



$\text{cm}^{-3}$ ;  $0.01 \leq \Omega_B < 1$ . The present best determination of  $\Omega_B$  is 0.06. The  $^1\text{H}$  abundance is relatively insensitive to the input parameter, but the  $^2\text{H}$  abundance is very sensitive to  $h_0$ . If  $\nu_H \rightarrow \nu_L \gamma$  proceeds after the universe is dominated by the mass of the  $\nu_H$ , it would greatly change the entropy per baryon. The temperature at which the universe is dominated by the  $\nu_H$  mass is shown in Fig. 2. If  $\nu_H$  decays after nucleosynthesis, and after the universe is dominated by its mass, Eq. (8) is no longer valid and should be replaced by

$$\rho_B = 2.65 \times 10^{-20} h_0 / (T_1 x) \quad (9)$$

In (9)  $T_1$  is the temperature (in K's) at which  $\nu_H$  dominates, and  $x$  is related to the lifetime,  $\tau$ , for  $\nu_H \rightarrow \nu_L \gamma$

$$\tau = (2.25 \times 10^7 \text{ sec}) x^2 \quad (10)$$

Since limits are known on  $\rho_B$  and  $T_1$  is known, Eq. (4) results in a limit on  $x$ . The limit on  $x$  results in a limit on  $\tau$  from Eq. (10). An example of this limit for  $\Omega = .06$  is given as line three in Fig. 3.

(3) Lifetime Bound From Thermalization of Photons:<sup>13, 14</sup> If the  $\nu_H$  decays into a photon plus a massless neutrino, or into charged particles, the resulting photons must be thermalized. A bound on the  $\nu_H$  lifetime,  $\tau$ , may be set from the requirement that the decay photons be made early enough to be able to thermalize by the present time. The key to the thermalization of the photons from the decay of a massive  $\nu_H$  is the degradation of the few  $\gamma$ 's of energy  $m_\nu/2$  to many  $\gamma$ 's with average energy  $k_B T$ . The production of new, soft  $\gamma$ 's proceeds through one of two standard paths: scattering, to excite an electron, followed by bremsstrahlung; or double Compton emission. The first process is especially sensitive to the baryon density. As a function of the present baryon density the cosmic lifetime must be less than  $9 \times 10^6 \Omega_B^6$ . For thermalization due to double Compton emission, the maximum  $\nu_H$  lifetime allowed is  $10^6 \Omega_B^{2/3}$ . It is relatively insensitive to the precise value of the present baryon density. If we live in a low density universe as is currently believed, the double Compton process obtains, and the cosmic lifetime must be less than about  $10^6 \text{ sec}$ .\* This is shown as curve 4 in Fig. 3.

\*In Reference 14, a different thermalization bound is reported because this possibility was not included.

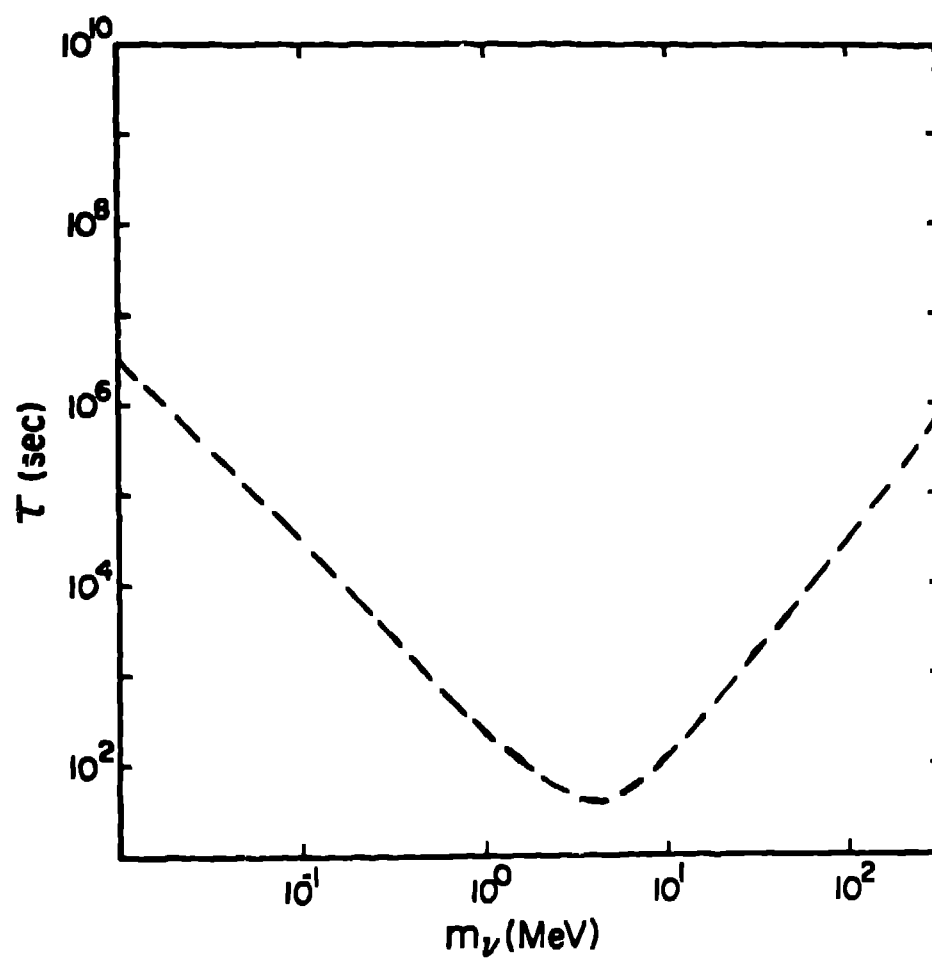


Fig. 2. The time of matter domination by  $\nu_H$ .

(4) Lower Lifetime Bounds From the Laboratory:<sup>13</sup> The existence of the decay  $\nu_H \rightarrow \nu_L + \gamma$  ( $\nu_L = \nu_e, \nu_\mu$ ) implies that the production reaction  $\nu_L + e \rightarrow \nu_H + e$  can proceed through  $\gamma$  exchange. Since the final state neutrino is never detected, the observed cross section for  $\nu_e$  neutral current events provides an upper limit for  $\nu_H$  production, hence an upper limit for the  $\nu_H \nu_L \gamma$  effective coupling constant, and then, finally a lower limit for the lifetime for the decay  $\nu_H \rightarrow \nu_L + \gamma$ . In figure 3 we show the minimum lifetime from the Reines experiment to measure  $\nu_e e$  scattering.<sup>15</sup> The constraint is given as line 5.

The lifetime bounds (2) and (3) are the best upper bounds. Comparison of the cosmological upper bounds and the experimental lower bounds implies that no neutrino with a radiative decay can exist if  $m < 0.1$  MeV. It may also be noticed that if  $\nu_H \rightarrow$  entropy is the major decay mode, the restrictions given above forbid the  $\nu_H$  lifetime to be long enough for its decay products close the universe.

#### MODELS FOR $\nu_H$ DECAY

If neutrinos are massive, in the absence of a global symmetry the heaviest neutrino will decay to the lighter ones. There are several models that may be employed to estimate the neutrino lifetime. Several of these models were considered by Goldman and Stephenson.<sup>10</sup>

First consider estimates for  $\nu_H \rightarrow \nu_L \gamma$ . The only gauge invariant form for the matrix element is

$$| M | = f \bar{u}(p') \sigma^{\mu\nu} q_\nu (1 \pm \gamma_5) u(p) \epsilon_\mu, \quad (11)$$

where  $p = p' + q$ ,  $\epsilon_\mu$  is the polarization vector for the photon and  $f$  is an arbitrary coupling constant of dimension mass<sup>-1</sup>. Consider three possibilities for  $f$ : (A) the result of first-order weak with neutrino mixing, (B) first-order weak with heavy charged leptons, and (C) GIM suppressed second-order weak (actually order  $G_F/M_W^2$ ). The  $\nu_H \rightarrow \nu_L \gamma$  lifetimes in the three cases above are shown by the three bands in Fig. 3 for reasonable choices of the parameters. For more details on the models, see Refs. 10 and 13.

Of particular interest is a model<sup>16</sup> in which the main decay mode does not create entropy, so that the bounds discussed above need not apply and there is a possibility of the  $\nu_H$  decay products closing the universe. Assume that in addition to the known lepton doublets there is a neutrino singlet which mixes with the neutrinos in the doublets. The lifetime for  $\nu_H \rightarrow \nu_L \bar{\nu}_L \nu_L$  would be ( $\beta$  is the singlet-doublet mixing angle)

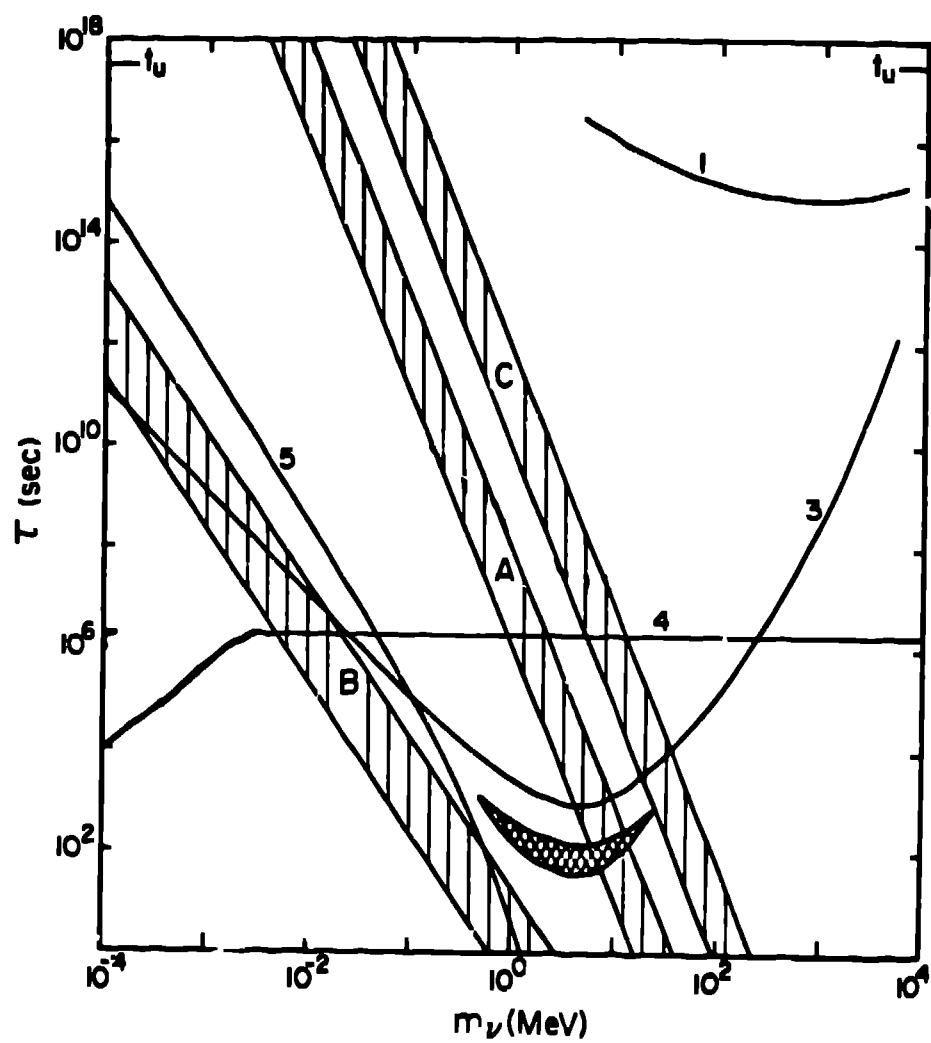


Fig. 3. Cosmological upper and experimental lower bounds on the lifetime for  $\nu_H \rightarrow \nu_L \gamma$ .

$$\tau(\nu_H \rightarrow \nu_L \nu_L \nu_L) = \left[ \frac{G_F^2 m^5 \sin^2 2\beta}{192\pi^2} \right]^{-1} \quad (12)$$

$$\simeq 3 \times 10^4 \sin^{-2} 2\beta \left( \frac{1 \text{ MeV}}{m} \right)^5 \text{ sec.}$$

The lifetime for  $\nu_H \rightarrow \nu_L \gamma$  is longer:

$$\tau(\nu_H \rightarrow \nu_L \gamma) = \left[ \frac{25}{36} \frac{G_F^2 m^5}{514\pi} \alpha \sin^2 2\beta \right]^{-1}$$

$$\simeq 6 \times 10^7 \sin^{-2} 2\beta \left( \frac{1 \text{ MeV}}{m} \right)^5 \text{ sec.} \quad (13)$$

The lifetimes as a function of mass are shown in Fig. 4 if  $10^{-4} \leq \sin^2 2\beta \leq 10^{-1}$ . Also shown in Fig. 4 is the lifetime necessary if the  $\nu_H$  decay products are to close the universe. The relevance of this model is that if  $0.1 \text{ MeV} \leq m \leq 1 \text{ MeV}$ , there is a possibility that the  $\nu_H$  decay products close the universe since the bounds mentioned in the previous section apply only to entropy producing decays.

#### CAN MASSLESS NEUTRINOS CLOSE THE UNIVERSE?

Assume that a singlet neutrino exists in the mass range  $0.1 \text{ MeV} \leq m \leq 1 \text{ MeV}$  with the requisite mixing angles for the lifetime to be the necessary value for the  $\nu_H$  decay products to close the universe,  $2 \times 10^8 \text{ s} \leq \tau \leq 2 \times 10^{10} \text{ s}$ . We now discuss further implications for this model.

(1) Primordial Decays: Although the main decay mode does not create photons, about  $10^{-4}$  of the  $\nu_H$  will create photons. Since we are assuming that the decay products close the universe, about  $10^{-4}$  of the closure density must be in photons. There are two possibilities; either the photons have simply redshifted and are today hidden in the far UV where the opaqueness of our galaxy at these wavelengths would prevent detection of the background photons, or the decay photons ionized the hydrogen, scattered with the electrons, and thermalized to form the present microwave background.<sup>17</sup> The latter possibility would explain why about  $10^{-4}$  of the closure density is in the thermal background. Since only a relatively small number of photons are being produced, the thermalization

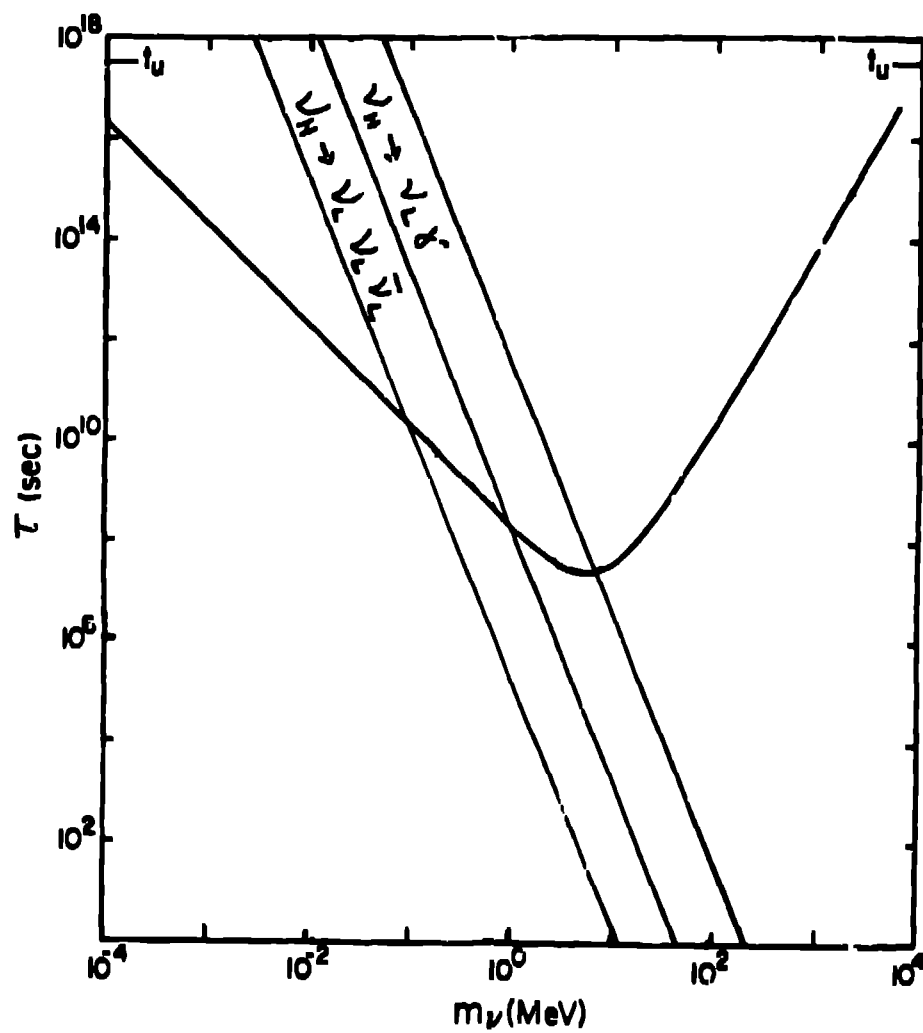


Fig. 4. Lifetimes for  $\nu_H \rightarrow \nu_L \nu_L \nu_L$  and  $\nu_H \rightarrow \nu_L \gamma$  in a model with an unpaired neutrino.

bounds discussed above are not applicable. In addition, if the "correct" number of photons are produced, it may be possible to achieve thermalization by Thomson scattering, which proceeds much faster than the thermalization process described above.

(2) Decays of  $\nu_H$  Produced in Supernovae: Cowsik<sup>18</sup> has pointed out that since the bulk of the binding energy released in the formation of a neutron star is released in neutrinos,\* if the neutrino decay produces photons, a background gamma-ray flux would result. If the  $\nu_H \rightarrow \nu_L \gamma$  lifetime is less than the age of the universe, the gamma-ray flux from the decay products of the  $\nu_H$  produced in supernovae would be

$$F_Y = \frac{GM^2}{RE_\nu} \frac{\rho_B R_U}{M_{gal}} \Gamma_{SN} R_Y, \quad (14)$$

where  $M$  and  $R$  is the mass and radius of the resultant neutron star,  $E_\nu$  is the average energy of the emitted neutrino,  $\rho_B$  is the baryon density,  $M_{gal}$  is a typical galactic mass,  $R_U$  is the radius of the universe,  $\Gamma_{SN}$  is the supernovae frequency and  $R_Y$  is the fraction of  $\nu_H$  that produces photons. Putting in reasonable values for the above parameters  $F_Y$  is about  $10^{-3} - 10^{-4} \text{ cm}^{-2} \text{ s}^{-1} \text{ sr}^{-1}$ , which is just below the allowed limits.<sup>19</sup>

The conclusions are: If neutrinos exist with masses in the range  $50 \text{ eV} \leq m \leq 5 \text{ GeV}$ , they must be unstable. If the decay of the neutrino produces entropy, there are good limits on the possible lifetimes, and neutrinos with masses less than  $10^{-1} \text{ MeV}$  are forbidden. There is a reasonable model where a non-entropy producing decay dominates. In this model the neutrino decays predominantly to three light neutrinos, and only about  $10^{-4}$  of the initial neutrinos produce photons. The decay products in this model can dominate the universe if the neutrino is in the mass range  $0.1 \text{ MeV} \leq m \leq 1 \text{ MeV}$ , which results in a neutrino lifetime  $10^8 \text{ s} \leq \tau \leq 10^{10} \text{ s}$ . If this model is viable,  $10^{-4}$  of the critical density must today be in photons, either thermalized in the microwave or hidden in the far UV. The decay of the neutrinos produced in supernovae could account for the observed gamma-ray flux.

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\*This assumption may seem somewhat unfounded since we cannot even predict correctly the neutrino flux from our sun.

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